Guidelines on entry from international high incidence areas, virus variant areas and other risk areas

Please note that all travellers entering the Free State of Bavaria who were in a risk area at any time within the last 10 days before entering Germany are obliged to go into self-isolation for 10 days. The self-isolation period might be shortened after 5 days at the earliest by the means of a test.

Information on the current entry requirements can be found on the website of the Federal Foreign Office - <u>https://www.auswaertiges-amt.de/en/einreiseundaufenthalt/coronavirus</u>

Please note that the entry requirements and regulations for self-isolation are issued by each federal state individually, but are governed by the Federal Government. The regulations can vary strongly in the different federal states (Bundesländer). Please check the website of the Federal Government for the requirements and regulations in place in the federal state you will be staying in - https://www.bundesregierung.de/breg-de/themen/coronavirus/corona-bundeslaender-1745198

Information on the regulations for self-isolation in place in Bavaria can be found on the website of the Bavarian State Ministry for Health and Care (in German) – <u>https://www.stmgp.bayern.de/coronavirus/haeufig-gestellte-fragen/</u>

Please note that there might possibly be different rules and regulations in place for entry and selfisolation when entering from high incidence areas or virus variant areas.

The following countries are currently classified as high incidence areas, virus variant areas or other risk areas: <u>https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/Risikogebiete_neu.html</u> by clicking on **"Archive"** at the bottom of the page.

Important: A country or region can be declared a risk area at short notice. The list of risk areas is updated on a daily basis and therefore needs to be checked by travelers prior to departure on the website of RKI

https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/Risikogebiete_neu.html.

Please check the entry requirements and regulations regarding self-isolation again before departure, as it is constantly being updated!

Identifying the relevant health authority

The relevant health authority can be found by following the link <u>https://tools.rki.de/plztool/</u>. Please enter the zip code of your address in Germany to find the relevant health authority.

After entering Germany

Travelers need to go to their apartment or other fitting accommodation immediately and without delay and isolate themselves for the time necessary. This means that no visitors can come by. Entering shops or restaurants on your way to your accommodation is not permitted. Public transportation can be used to get to the place of self-isolation. Please also respect the obligation to wear FFP2 filter masks in all shops, restaurants and public transportation in Germany. This also applies to the airport. A minimum distance of 1.5 meters needs to be kept from any person that is not living in the same household.

Where can a second test be taken if necessary?

A test can be taken in one of the test centres or through doctors-on call (ärztlicher Bereitschaftsdienst). Please call 116117 to make an appointment if necessary.

During self-isolation

Please note that you are not permitted to enter university premises during the period of selfisolation. It is your own responsibility to organise supplies for whilst you are in self-isolation. FAU cannot provide you with supplies during the self-isolation period.

In case of symptoms and or illness

In case you show symptoms of an infection with the Sars-CoVid-2 virus (throat ache, cough, a cold, joint pain, fever, pain while breathing or loss of the sense of smell or taste) you need to contact the relevant health authorities and can contact the phone number 116117 (doctor's-on call). They can advise you on what to do and point you to a test center or general practitioner if necessary.

Violations of the regulations for entry from areas of risk

The relevant authorities have the right to check if the regulations are being adhered to. Violations of the regulations in force on entry from areas of risk may be fined.

Entry into buildings and to facilities of FAU

Entry into the buildings and facilities of FAU is only possible after the self-isolation period has ended.

Further Information

Extension of the shutdown measures

The shutdown measures have been extended until March 7th. Contact at private meetings is restricted to just one other person not living in the same household. All nonessential shops and services remain closed. Essential shops include supermarkets, drugstores, pharmacies and gas stations. Further information can be found here - https://www.stmi.bayern.de/miniwebs/coronavirus/faq/index.php

A curfew between 22 - 5 is possible in some cities. Please keep yourself informed on the regulations in place in the city of your residence.

Obligation to wear FFP2 filter masks

FFP2 filter masks are mandatory when using public transportation as well as in shops. They should be bought prior to arrival in Germany. FFP2 masks in general are available in pharmacies, retail stores such as "dm", "Rossmann", and "Müller", or on the internet.

Availability via telephone

Please ensure that you can be reached by telephone and email by the Central International Office. Please fill in a valid phone number into our online platform Mobility Online so that you can be reached by the Central International Office. The relevant health authorities will need to contact you, if necessary. Please ensure to be available via telephone and email and to pass on any changes in your contact details to the relevant units.

Recommended

Please bring enough cash (Euros) as well as a credit card with you so that you can do online shopping for food or order food during the time in self-isolation. These two supermarkets make online deliveries: Edeka and Rewe.

Additional information for students with accommodation in Studentenwerk Erlangen-Nürnberg

Self-isolation in your room or single-apartment rented from Studentenwerk Erlangen-Nürnberg is possible. Please note, that it is compulsory that shared rooms like the kitchen or bathrooms are only entered alone when no other tenant is there. After using the surfaces they all need to be cleaned with disinfectant (including door handles, light switches etc.). A joint usage of shared rooms is not possible during self-isolation.

Should you contract Sars-CoVid-2 yourself, please inform Studentenwerk.

Blanket and covers, sheets, pillows are not provided by the Studentenwerk. Therefore, we recommend students to bring their own sleeping bag and bedsheet or cover and blankets/pillows.

Students need to make an appointment with the care-taker about 2 weeks prior to arrival. Please inform yourself about the rules applicable for moving-in with the care-taker and wear a face-mask and respect the minimum distance of 1.5 meters when moving into your room or apartment.

Your contact at FAU

Hier gewünschten Kontakt einfügen

Please also keep yourself updated on the information regarding the coronavirus published from FAU <u>https://www.fau.de/corona/</u>. Further information on the handling of the coronavirus and its impact on every day life can be found in different languages under

https://www.integrationsbeauftragte.de/ib-de/amt-und-person/informationen-zum-coronavirus.

No guarantee regarding the completeness of the information 12.02.2021